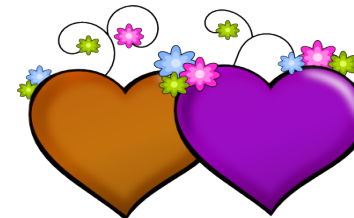




**MONTECITO UNION
Breakfast/Lunch Menu**

**FEBRUARY
2012**



SUPER FRESH, LOCAL AND ORGANIC FRUITS AND VEGETABLES SERVED DAILY. PROUDLY SERVING COLEMAN NATURAL BEEF & CHICKEN. NO ANTIBIOTICS, NO ADDED HORMONES AND NO PRESERVATIVES.

MONDAY 2/6/12		TUESDAY 2/7/12		WEDNESDAY 2/8/12		THURSDAY 2/9/12		FRIDAY 2/10/12	
BREAKFAST Cinnamon Toast, Fresh Fruit and Milk		BREAKFAST Eggs and Potatoes w/Whole Wheat Toast, Fresh Fruit and Milk		BREAKFAST Yogurt Parfait w/Whole Wheat Toast, Fresh Fruit and Milk		BREAKFAST Sausage and Cheese Biscuit, Fresh Fruit and Milk		BREAKFAST Oatmeal, Fresh Fruit and Milk	
LUNCH Burrito Supreme, Fresh Fruits/Veggies and Milk		LUNCH Hamburger on Whole Wheat Bun, Fresh Fruits/Veggies and Milk		LUNCH Cheese Pizza, Fresh Fruits/Veggies and Milk		LUNCH Turkey and Potatoes w/Whole Wheat Bread, Fresh Fruits/Veggies and Milk		LUNCH Turkey and Cheese on Whole Wheat Roll-Ups, Fresh Fruits/Veggies and Milk	
MONDAY 2/13/12		TUESDAY 2/14/12		WEDNESDAY 2/15/12		THURSDAY 2/16/12		FRIDAY 2/17/12	
BREAKFAST Breakfast Burrito, Fresh Fruit and Milk		BREAKFAST Bagel and Cream Cheese, Fresh Fruit and Milk		BREAKFAST Fruit Smoothie w/Breadstick, Fresh Fruit and Milk		BREAKFAST Blueberry Bread, Fresh Fruit and Milk		LINCOLN'S BIRTHDAY HOLIDAY	
LUNCH Chicken Enchiladas, Fresh Fruits/Veggies and Milk		LUNCH Orange Chicken with Rice, Fresh Fruits/Veggies and Milk		LUNCH Spaghetti with Meat Sauce, Fresh Fruits/Veggies and Milk		LUNCH Spicy Chicken Wings with Roasted Potatoes, Fresh Fruits/Veggies and Milk			
MONDAY 2/20/12		TUESDAY 2/21/12		WEDNESDAY 2/22/12		THURSDAY 2/23/12		FRIDAY 2/24/12	
PRESIDENT'S DAY HOLIDAY		BREAKFAST Sausage and Eggs w/Whole Wheat Toast, Fresh Fruit and Milk		BREAKFAST Yogurt Parfait w/Whole Wheat Toast, Fresh Fruit and Milk		BREAKFAST Bagel Sandwich, Fresh Fruit and Milk		BREAKFAST Oatmeal, Fresh Fruit and Milk	
		LUNCH Hot Dog on Whole Wheat Bun, Fresh Fruits/Veggies and Milk		LUNCH Cheese Pizza, Fresh Fruits/Veggies and Milk		LUNCH Chicken Parmesan w/Garlic Bread, Fresh Fruits/Veggies and Milk		LUNCH Turkey Noodle Soup w/Whole Wheat Roll, Fresh Fruits/Veggies and Milk	
MONDAY 2/27/2012		TUESDAY 2/28/12		WEDNESDAY 2/29/12		HARVEST OF THE MONTH: Spaghetti Squash & Ruby Grapefruit			
BREAKFAST Sausage and Cheese Biscuit, Fresh Fruit and Milk		BREAKFAST Maple Bread Pudding, Fresh Fruit and Milk		BREAKFAST Fruit Smoothie w/Breadstick, Fresh Fruit and Milk					
LUNCH Turkey Taco Nachos, Fresh Fruits/Veggies and Milk		LUNCH BBQ Pork Fried Rice, Fresh Fruits/Veggies and Milk		LUNCH Macaroni and Cheese, Fresh Fruits/Veggies and Milk					

Free/Reduced Meal Applications may be obtained in the main office of each school site, www.sbsdk12.org or 724 Santa Barbara St.

PLEASE KEEP YOUR CHILD/REN'S ACCOUNT(S) CURRENT! You may apply money to your child/ren's account(s) in the school's cafeteria or by going into the following website: www.mynutrikids.com. Enroll your child/ren and make payments on line. You may also see what and when they have been eating.

In U.S. Dept. of Agriculture Child Nutrition Programs, no child may be discriminated against because of race, sex, color, national origin age or handicap. If you believe you or any individual has been discriminated against, write to the Secretary of Agriculture, WA D.C. 20205.